

Parenting children requires a village...thanks for allowing us to be part of yours!

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Facebook Conversation Group!

Parents all over the Fox Cities and Winnebago County are talking about... **Stress, Self-Care and Resources!!**

We asked parents "How do you cultivate financial responsibility?"

[Join the Discussion Here!](#)



Hi Everyone,
I wanted to take a brief moment to thank you for joining this newsletter and to introduce myself. My name is Mandi Dornfeld and I am a family living educator in Winnebago County for the University of Wisconsin-Extension. I am thrilled to be celebrating six months on the job in October. As your family living educator is it my privilege to connect you with the research of the University of Wisconsin.

What does that mean?
Well, we have state specialists located at UW-Madison who dedicate their time and talents to research. They share their findings, writings, and resources with our county offices. In turn, we provide them with you in a variety of different formats; workshops, websites, newsletters, materials, and now this group!

I love my job and have a particular passion for parenting and families. I have two children (girls) in the beginning and end of their teen years so I understand the bumpy, thrilling, heartbreaking, and wonderful (these feelings can all happen within about an hour) ride that this parenting



[Cyber Bullying: How to Respond](#)

First you have to realize that the bullying is happening. This is not as easy or as obvious as it sounds. Teen's access to digital devices is often so wide spread that, even if you contain the devices in common areas in your home and collect all portable technological devices at night, you will still not be present and watching every minute that your teen interacts with others using technology. You can start by asking your teen about their online activity, remain alert to emotional or physical changes, and become educated in the types of programs and apps your teen might be using. This week on Parenthetical, we discuss a number of things you can do if you suspect your teen is being cyberbullied. ([Read More](#))

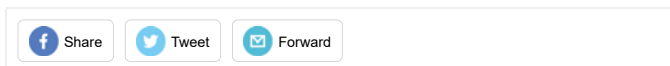


Hi,
Thank you for signing up for the very first issue of our UW Extension Winnebago County newsletter. My goal in this section of the newsletter is going to be to connect you with local resources, events, opportunities. We are thrilled to be able to offer this first of it's kind newsletter tied directly to a Facebook conversation group. Our goal is simple, to connect you with the community of parents, professionals, programs and resources that will make this wonderful and terrifying job of parenting tweens a little bit better. Every two weeks or so you will get a newsletter in your mailbox filled with links, resources and research. You are more than welcome to forward it to others and invite them to join. In the meantime, we have daily conversations happening on our Facebook group so click on the link above and start sharing your wisdom with the group.

families and my job is to provide you with an entire arsenal of tools that you can modify to make them work best in your home.

I look forward to sharing this journey with you!

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